



### **Breakfast**

*Sides: Spinach Side Salad, House Made Toast and Jam(\$1), or Breakfast Potatoes(\$1)  
Add a side of bacon (3 pieces) for \$2 or a side of Scotch ham for \$3*

#### **Build Your Own Omelet - \$9**

Select up to 4 cheese and veggie fillings for free, each additional is \$.25. Served with your choice of side.

\*Onions \*Tomatoes \*Mushrooms \*Bell Peppers \*Spinach  
\*Sun Dried Tomatoes \*Feta \*Cheddar \*Provolone  
Add meat filling- Bacon \$1 or Scotch Ham \$2

#### **Tea Bread French Toast Sticks - \$7**

You haven't had French Toast until you've had it made with our house made tea bread! (Flavor changes weekly, call us for our current option.) Served with house jam or syrup and a side of fruit.

#### **Home Port Breakfast Sandwich- \$7**

All-American breakfast sandwich! Cheesy scrambled eggs and bacon or Scotch ham served on a croissant. Comes with an apple or orange for the perfect on-the-go breakfast!

#### **Italian Croissant Plate - \$7**

A croissant served with a side of MontAmore cheese, prosciutto, house made jam, and a boiled egg. Build your own sandwich or enjoy each item separately!

#### **BAPS with Bacon - 1 for \$3 or 2 for \$5**

House made Scottish BAPS (a traditional Scottish roll dusted with flour) with butter, tomato jam and lean, smoked bacon that is grilled instead of fried tucked inside. A true Scottish breakfast!

#### **Moroccan Shakshuka - \$9**

A delicious way to start your day, but great for lunch or dinner too! This traditional egg dish has two sunny-side-up eggs in a sauce of tomatoes, onions, peppers, and Middle Eastern spices. Served with a warm pita.



### Breakfast (cont'd)

#### **Junior Sailor Breakfast \$5**

2 scrambled eggs, a piece of bacon, and a side of house made toast with butter, jam or peanut butter. Perfect for the youngins! (age 10 and under, please)

Peanut butter, jam, or butter?

#### **House Made Toast - \$3**

Comes with your choice of butter, jam, and/or peanut butter.

### Bakery and Dessert

#### **Mini Tea Bread Loaf - \$3**

#### **Large Chocolate Chip Cookie - \$3**

Our large homemade chocolate chip cookies are the best around!

#### **Seasonal Cookie - \$2**

#### **Tiramisu (Italy) - \$9**

Coffee flavored Italian dessert. It is made of ladyfingers dipped in coffee, layered with a whipped mixture of eggs, sugar and mascarpone cheese, flavoured with cocoa. A truly decadent way to end your meal, or enjoy anytime!

#### **Cranachan (Scotland) - \$9**

Takeout only!! Pronounced "Kran-e-ken". Similar to a trifle, but with a light boozy kick! Scotch soaked oats are toasted and then added to cream and layered with roasted oats and raspberries. Even if you don't like Scotch, you'll enjoy this tasty treat!

#### **Meskouta (Morocco) - \$7**

This Moroccan lemon cake is traditionally enjoyed at tea time! Served with your choice of loose leaf tea or coffee.

**\*\*Ask us about our rotating muffin and dessert options!\*\***



*Children's menu available upon request*

### **Appetizers**

#### **Hummus & Pitas - \$5**

Our house made hummus and warm pitas.

#### **Parmesan Potato Wedgettes - \$5**

Hand cut potatoes topped with parmesan, cut smaller than a traditional potato wedge (hence the "ette"! Served with River Tyme Ranch or Ketchup.

#### **Jamaican Hand Pies - \$11**

2 Island spiced ground beef and potato filled pastry hand pies, served with mint lime dipping sauce and carrot slaw. One of our most popular menu items, you won't be disappointed! A light meal for 1 person, or an appetizer for 2.

#### **Meze Platter - \$9**

House made hummus, marinated feta cheese, carrot slaw, roasted olives, and pickled cucumbers, served with warm pita wedges.

### **Ports of Call - Italy**

*Enjoy tastes from around the world! Stop at this port and taste the flavors of Italy without hopping on a boat! Add a House Spinach Side Salad to any meal for \$3!*

#### **Croissant Plate - \$7**

A croissant served with a side of MontAmore cheese, prosciutto, house made jam, and a boiled egg. Build your own sandwich or enjoy each item separately!

#### **Sun Dried Tomato and Mushroom Risotto - \$11**

Fluffy sun dried tomato and Parmesan risotto topped with sauteed exotic mushrooms and basil pesto.

Add Chicken \$4

#### **Chicken Cacciatore - \$15**

Chicken thighs roasted in a rich and rustic tomato-based sauce with mushrooms, tomatoes, bell peppers, onions and black olives. Served over linguine pasta. This is the ultimate Italian comfort food!



### Italy (cont'd)

#### **Pasta con Pomodoro - \$11**

One of the staples in any Italian kitchen! Linguine noodles topped with a simple but flavorful tomato, basil, and garlic sauce. Served with a slice of grilled house baguette.

Add Chicken \$4

#### **Antipasto Plate - Half order \$9 Full order \$15**

A wonderful assortment of Italian flavors! Provolone and MontAmore cheeses, marinated artichokes, peppadew peppers, olives, nuts, salami, and prosciutto. Served with house made focaccia and baguette.

#### **Tiramisu - \$9**

Coffee-flavoured Italian dessert. It is made of ladyfingers dipped in coffee, layered with a whipped mixture of eggs, sugar and mascarpone cheese, flavored with cocoa. A truly decadent way to end your meal, or enjoy anytime!

### Ports of Call - Scotland

*Enjoy tastes from around the world! Stop at this port and taste the flavors of Scotland without hopping on a boat! Add a House Spinach Side Salad to any meal for \$3!*

#### **BAPS with Bacon - 1 for \$3 or 2 for \$5**

House made Scottish BAPS (a traditional Scottish roll dusted with flour) with butter, tomato jam and lean, smoked bacon that is grilled instead of fried tucked inside. A true Scottish breakfast!

#### **Scotch Ham and Rumbledethumps - \$13**

Traditional Scotch ham braised in Cutty Sark Scotch for 2 hours! Served with a side of Rumbledethumps (say that three times fast!), a baked dish made up of mashed potatoes, cabbage, and onions, topped with melted, bubbly cheese.

**Rumbledethumps alone as an appetizer - \$5**

#### **Pot Roast Sandwich - \$9**

Tender pot roast cooked in Au Jus gravy, topped with fresh basil coleslaw. Served on a house made Scottish BAPS roll with your choice of side.



### Ports of Call - Scotland (cont'd)

#### **Cranachan Dessert - \$9**

Takeout only!! Pronounced "Kran-e-ken". Similar to a trifle, but with a light boozy kick! Scotch soaked oats are toasted and then added to cream and layered with roasted oats and raspberries. Even if you don't like Scotch, you'll enjoy this tasty treat!

### Ports of Call - Morocco

*Enjoy tastes from around the world! Stop at this port and taste the flavors of Morocco without hopping on a boat! Add a House Spinach Side Salad to any meal for \$3!*

#### **Shakshuka - \$9**

A delicious way to start your day, but great for lunch or dinner too! This traditional egg dish has two sunny-side-up eggs in a sauce of tomatoes, onions, peppers, and Middle Eastern spices.

#### **Spiced Veggie Couscous - \$9**

Moroccan spiced couscous mixed with onions, carrots, bell peppers, garlic, peas, peppadew peppers, and chickpeas for a deliciously healthy dish! Served with a warm pita.

Add Chicken \$4

#### **Moroccan Beef Kabobs over Spiced Veggie Couscous - \$15**

3 ground beef kabobs seasoned with onion, cilantro, fresh mint, and ginger, atop our Spiced Veggie Couscous and served with a side of raita for dipping and a warm pita. You must try this savory dish!!

#### **Meskouta - \$9**

This Moroccan lemon cake is traditionally enjoyed at tea time! Served with your choice of loose leaf tea or coffee.



### **Home Port**

*Some of our favorite past menu items that keep you coming back home! Side options: House Spinach Side Salad, Parmesan Potato Wedgettes (\$2) or Scottish Rumbledethumps (\$3)*

#### **Porketta Sandwich - \$15**

Italian roasted pork on house made baguette, topped with a garlic aioli and pickled veggies. Comes with your choice of side.

#### **Bistro Burger - \$13**

Our take on an American classic! 1/3 pound Angus burger with house made garlic aioli (ketchup available), tomato, raw onion, and sharp cheddar on our house made brioche bun. Served with your choice of side. Try it with bacon!

#### **Cranberry Chicken Salad Sandwich - \$13**

Roasted chicken mixed with craisins, sage, celery, walnuts, red onion, and mayo served on a croissant. Served with your choice of side.

#### **Spiced Falafel Sandwich - \$13**

Garbanzo beans and pea falafel on warm pita bread with spinach, red onion, diced tomatoes, banana peppers, and tzatziki sauce. Served with choice of side.

#### **Friday Fish- \$19 (available starting at 4pm every Friday!)**

Parmesan crusted Alaskan halibut served over potato hash and spinach, and topped with a white wine, caper, and tomato broth. DELICIOUS!

### **Soup, Salads, Etc.**

#### **Soup Du Jour - Cup \$4 or Bowl \$6**

#### **Merry Berry Salad - \$11**

Fresh spinach topped with honey onions, craisins, toasted walnuts, raspberries, feta cheese and balsamic vinaigrette. These flavors pair perfectly to make this delicious winter salad!

Add chicken - \$4

#### **House Spinach Side Salad - \$5**

Spinach, cucumbers, sunflower seeds, honey onions and house vinaigrette.

Add Chicken - \$4